ELDERLY FOR ELDERLY
SLOVENIA

"Between 2004 and 2019, 66% of Slovenia's older population were included in Elderly for Elderly's programme. Around 91% of people that have received help through the project have noted that their quality of life has significantly improved.

One volunteer even managed to administer life saving medical assistance to an elderly participant who had fallen in their home. The outcome would have been much more severe without Elderly for Elderly's peer-to-peer visits."

The Elderly for Elderly project enables older people to live independently for as long as possible in their own homes, in their own communities.

Older volunteers visit people aged 69+ (peer visits) who still live in their homes and assess their quality of living and any assistance needs.

Over 2,900 active volunteers take part in Elderly for Elderly and from 2004 to 2019, 192,176 older people benefited from the project. As older people, in general, have greater trust in their peers, Elderly for Elderly's volunteers have developed effective rapports during their visits – enabling their peers to open up about their experiences and seek support where and when it's needed.